
Health Council of Canada



Conseil canadien de la santé

All Together Now: Seeking sustainable solutions

**Institute of Public Administration of Canada
(IPAC)**

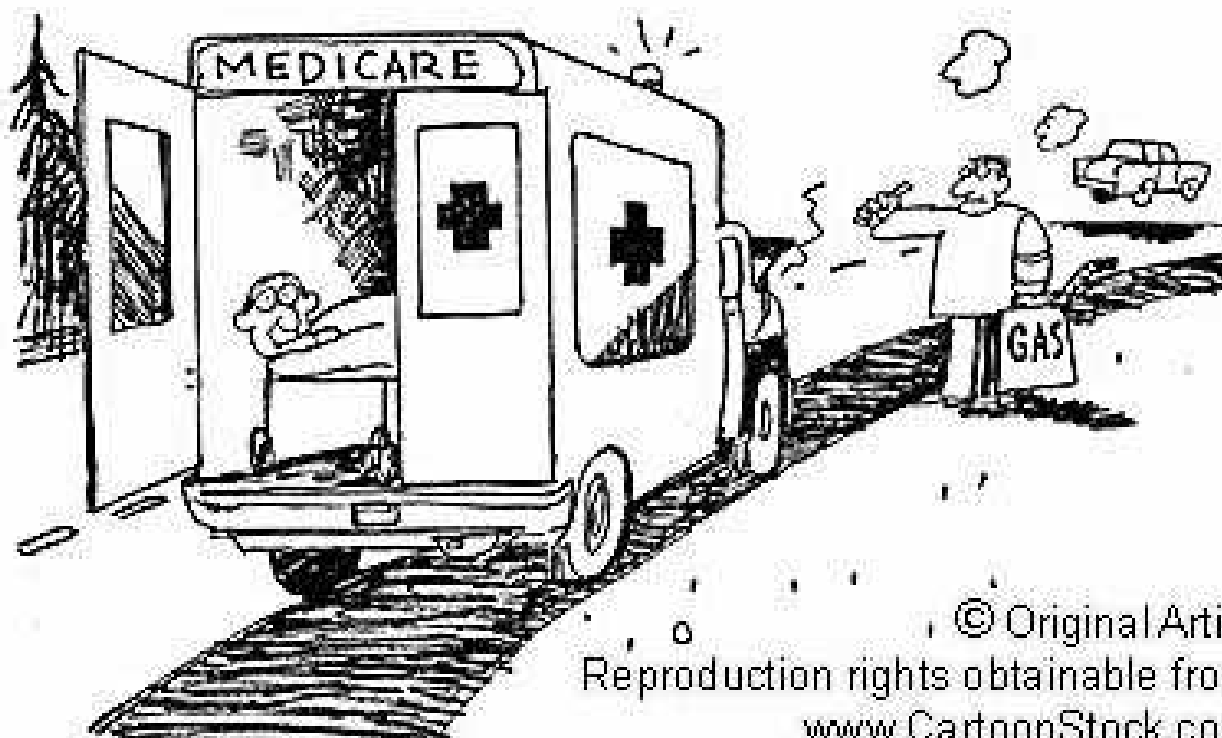
**NL Regional Group
Friday, April 30. 2010**

John G. Abbott, CEO



Will our system run 'out of gas'?

ED FISCHER



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Overview of Presentation

- Did you know?
- Where are we in Canada in response to rising health care costs?
- A crisis or not? Sustainable or not?
- Is there a path forward?



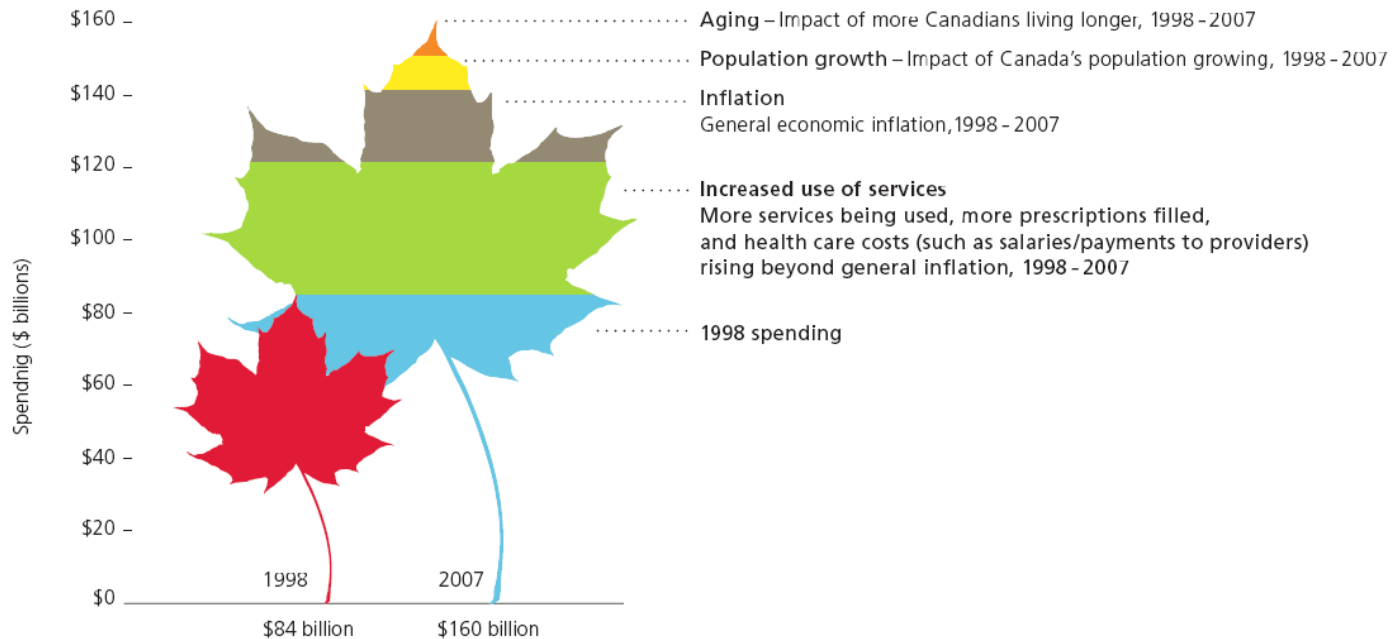
Canada has many systems





Did you know?

FIGURE 5
What made health care spending double in a decade?



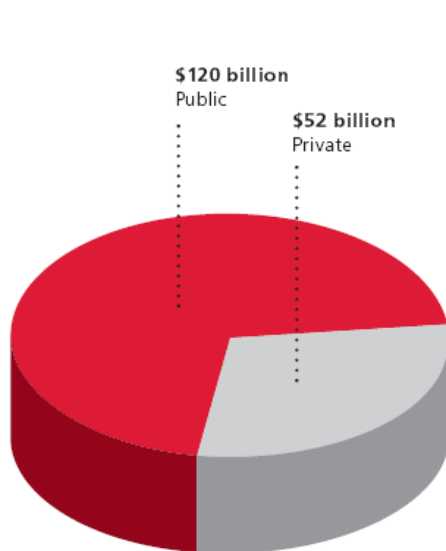
Note: This graph starts from 1998, rather than 1997, because 1998 is the first year data were available to describe the impact of our aging population on health care spending.

Source: Calculations based on data in Canadian Institute for Health Information, *National Health Expenditure Trends, 1975-2007, 2007*.



Did you know?

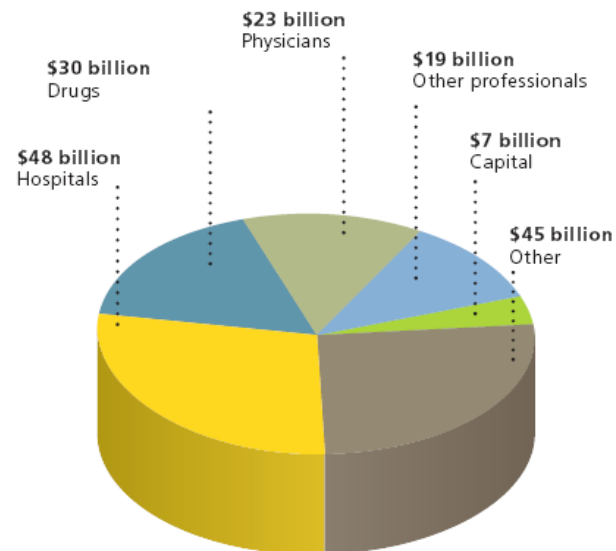
FIGURE 1
\$172 billion for health care in 2008



Where does the money come from?

70% of our health care spending comes from taxes.

"Private" includes out-of-pocket spending by individuals and services covered by private insurance plans.



Where does it go?

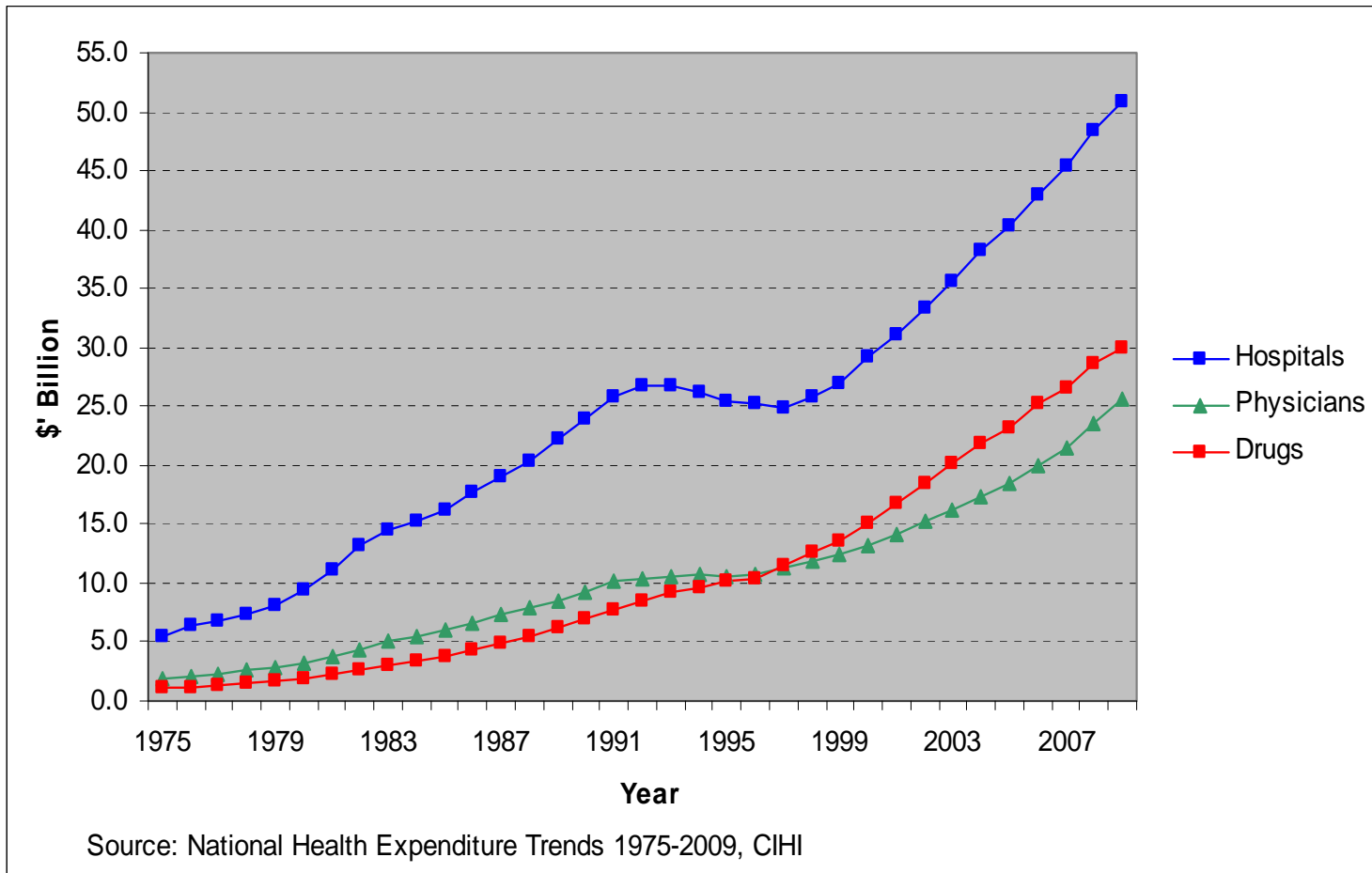
We spend most on hospitals, drugs, and doctors.

"Capital" includes construction, machinery, and equipment. "Other" includes long-term care institutions, public health services, research and training, medical transport, home care, and administration.

Source: Canadian Institute for Health Information, *National Health Expenditure Trends 1975–2008*, 2008.



Trends in health care spending





The elephant in the room

- Health care costs and expectations rising while government deficits/debt are increasing
- What is the right amount of money to spend on health care?
- Is there a better or smarter way to spend health care dollars?
- Or, will we make the same mistakes as the past?



A global look at health care \$\$

Dataset: OECD Health Data 2009 - Selected Data		Country	Canada	Denmark	France		Netherlands	New Zealand	United Kingdom	United States
			11.9% GDP							
Serie	Year									
Total expenditure on health, % GDP	2007		10.1	9.8	11	10.4	9.8	9.2	8.4	16
	2008	
Total expenditure on health, Per capita, US\$ PPP	2007		3895	3512	3601	3588	3837	2510	2992	7290
	2008	
Public expenditure on health, % total expenditure on health	2007		70	84.5	79	76.9	81.7	45.4
	2008		69.8
Pharmaceutical expenditure per capita, US\$ PPP	2007		691	301	588	542	422	241	..	878
	2008	
Practising physicians, density per 1,000 population	2007		2.18	..	3.37	3.5	3.93	2.31	2.48	2.43
	2008	
Practising nurses, density per 1,000 population	2007		9.02	..	7.73	9.94	8.69	9.93	10.02	10.57
	2008	



Health in relation to the economy

% Increase	CPI	GDP <small>CIBC Forecast</small>	Health Care Spending
NL	+ 3.2	+ 3.1	+ 10.0
ON	+ 1.4	+ 2.8	+ 4.0
AB	+ 1.0	+ 2.9	+ 15.0
BC	+ 0.5	+ 3.2	+ 4.6
Canada	+1.4	+ 2.7	+ 6.0



Governments react ?

- **ON:** “Health care costs could rise to 70 cents of every dollar spent on government programs in 12 years, up from 46 cents today”
- **BC:** “Health care is vital, but we cannot continue putting ever-growing shares of the total budget into this one area. We must make health care sustainable, as part of our larger plan to get back to balanced budgets”



Is there a health care crisis?

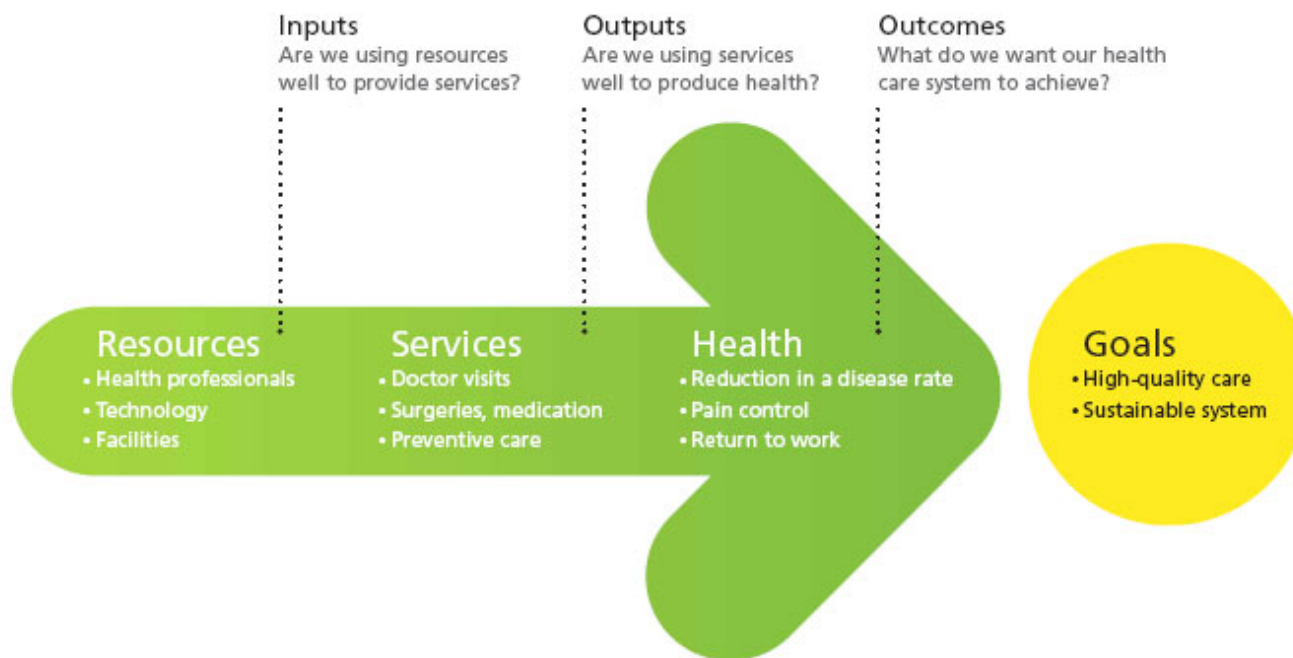
- According to Jeffrey Simpson of the Globe & Mail:
 - Romanow report bought time, not change
 - Fundamental issue was never addressed:
How to fund health care at existing tax levels?
 - Fixed costs of health care **vs** soaring provincial deficits and debt loads, plunging revenues
 - Crisis masked by infusions of funds
 - Now – provinces react

Simpson, Jeffrey. "When the Penny Drops, Denial over Health Care Stops."
The Globe and Mail 16 Apr. 2010. Globe and Mail. 16 Apr. 2010



Is there a better way?

FIGURE 6
Should value-for-money questions drive the system?



Value for Money: Making Canadian Health Care Stronger
www.healthcouncilcanada.ca



The Health Council of Canada

- Who we are



The Health Council of Canada

- Our ‘prescription’ for change focused on:
 - Improved management
 - Clinical management
 - Integration of services and systems
 - Health information management
 - Human resources
- If we only focus on one thing:
 - Primary health care and chronic disease management



HCC Prescription cont'd

- Sub-themes
 - Focus on quality
 - Reduce hospital re-admissions
 - Increase patient safety measures
 - Use of health technology assessment
 - Drugs
 - Medical devices and technology



HCC Prescription cont'd

- Sub-themes
 - Leadership
 - Citizen engagement
- Finally, a policy shift to a Healthier Canadian agenda



How do we fill up the glass?



- Stay the course on a Pan-Canadian agenda
- Insist on leadership at all levels of government, industry and the research community
- Encourage collaboration among all players to find sustainable solutions



In conclusion

Health Council of Canada / Conseil canadien de la santé | TAKING THE PULSE

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OUR VISION:
An informed and healthy Canadian public, confident in the effectiveness, sustainability and capacity of the Canadian health care system to promote their health and meet their health care needs.

Home Page

Helping Patients Help Themselves: Are Canadians with Chronic Conditions Getting the Support They Need to Manage Their Health?

Many Canadians with chronic health conditions don't regularly receive some of the expected types of support that could help them better manage their own health.

This bulletin - Helping Patients Help Themselves: Are Canadians with chronic conditions getting the support they need to manage their health? - is based on the 2008 Canadian Survey of Experiences with Primary Health Care, which measured the quality of health care as reported by Canadian patients, including those with seven common chronic conditions.

Download Report | Let's talk about this...

What's Working for Canadians?

Canada Values Health
Dialogue on Health Care

New questions for you: Chronic conditions and the support you need and more...

Latest videos: Teams work, patients win (Peterborough, ON) | Better health is a community effort (Saint John, NB)

Latest podcasts: (Feb 2) The Canadian Mental Health Association's Rehabilitation Action Program helps Somali, Tamil, Dal and Pashto communities in Scarborough | Jan 20 Canadian Index of Wellbeing: A New Tool to measure quality of life in Canada

Find out what others are saying about...

Health System Performance | Health of Canadians | Aboriginal Health | Primary Health Care | Pharmaceuticals

Safer Health Care for "Sicker" Canadians: International Comparisons of Health Care Quality and Safety

The vast majority of Canadians who are already in poor health say the quality of the care they personally receive is good to excellent, but more than half feel that fundamental changes are needed to improve our health care system more...

Did you know...
47% percentage of Canada's general workforce who are women.

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Health Council News
February 22, 2010
Council Meeting in Ottawa

February 22, 2010
The Health Council of Canada: Countdown to 2014

February 12, 2010
Videos - How might we get off the primary health care fence?

January 27, 2010
Helping Patients Help Themselves - New Bulletin

January 28, 2010
Health Innovation Award - Winners 2010

January 26, 2010
Health Council undertakes Strengthening Primary Health Care dialogues through Molliester Forum

January 18, 2010
Co-sponsored Info Sheet at OHR summit today - Canadian Experiences with Primary Health Care

December 1, 2009
Health Council at IABC Silver Leaf Awards lunch

November 27, 2009
In the Media
'Golden Decade' health promises fall short for aging residents

November 24, 2009
Council meeting underway in Happy Valley-Goose Bay, Labrador

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2009 Canadian Web Award | 2009 Canadian Web Award

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- Are there any questions?
- Please visit our website:

healthcouncilcanada.ca